

The Urgency of Social Skills for Adolescents and Religious Relationships with the Environment of Life (Study on Adolescents of Ogogasang Village, Dondo District, Tolitoli)

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Abstract

Social skills are also important for adolescents in identifying and managing their internal conflicts and feelings, which in turn helps in emotional and stress management. This study aims to examine the importance of social and religious skills in adolescents and their relationship with their living environment, with a particular focus on adolescents in Ogogasang Village, Dondo Sub-district, Tolitoli District. Social and religious skills are two important aspects of adolescent development that affect various aspects of their lives, including social interaction, academic achievement and psychological well-being. This research used a descriptive qualitative method with a case study approach to explore an in-depth understanding of the phenomenon under study. Data were collected through in-depth interviews, observations, and document analysis. The results showed that adolescents who have good social and religious skills tend to have more harmonious relationships with family and peers, and show better adaptation in their social environment. A supportive living environment also plays a significant role in the development of these skills. In conclusion, social and religious skills play a crucial role in the lives of adolescents, and their development deserves special attention from parents, educators and society. The implications of this study show the importance of an integrated approach in developing social and religious skills.

INTRODUCTION

Social skills are one of the crucial aspects in adolescent development (Bobyanti, 2023). These skills include the ability to communicate well, cooperate, empathize, and manage conflict effectively. Adolescence is a complex period of transition, during which individuals experience a variety of physical, emotional, and



social changes (Simangunsong et al., 2024). In this context, social skills become very important to help adolescents face and adapt to these changes, and prepare them to play an active and positive role in society (Mahardika, 2023).

Social skills are also interpersonal abilities that arise when a person interacts and communicates with others (Martono et al., 2021). These skills are essential for adolescents to get along, network, build relationships, cooperate, as well as diplomacy and negotiation in adulthood. Social skills are also important for adolescents in identifying and managing their internal conflicts and feelings, which in turn helps in emotional and stress management (Hikmah et al., 2022). As children move into their teens, parents need to develop their skills, interests and talents, as well as hone social skills (Baiti, 2021). With good social skills, adolescents will be more easily accepted and socialize well in society (Kusuma et al., 2021).

Social and adjustment skills become increasingly important as children enter adolescence (Apendi et al., 2023). During this period, individuals begin to engage in wider socialization where the influence of friends and the social environment is decisive. Failure to master social skills can make it difficult for adolescents to adjust, resulting in low self-esteem, social exclusion, and asocial or anti-social behavior (Massri Tina, 2023). In extreme cases, this can lead to mental illness, juvenile delinquency, criminal acts and violence. This condition is called negative or failed self-esteem, making it difficult for them to participate in activities that lead to positive or successful achievement.

During adolescence, children find it easier to establish social relationships with peers because in these groups they feel free from adult-controlled values (Risnaedi, 2021). The values in the peer group are in line with their conditions, so social relationships are easier to establish. Social skills also help adolescents to assert themselves, express feelings or problems, and find solutions, so that they do not seek escape in harmful things (Dini, 2023). Social skills are very important for Indonesian teenagers because with these skills, they can cooperate with others, build self-confidence, and place themselves in the right environment (Apendi et al., 2023).

The benefits of social skills include being more easily accepted in the community, being able to solve problems with others, honing various other life

skills, and helping to reduce difficulties in daily life (Dewi et al., 2024). Adolescents can develop various skills to get a job (Mahaardhika et al., 2022). It is not impossible that when they grow up, they will start their own business and create many jobs. Teenagers will also be more "resilient" and ready to compete with various industries in the increasingly competitive world of work (Tugiah & Jamilus, 2022). With this, it is expected that the productivity of the younger generation will also increase.

Based on the World Health Organization (WHO) explains that adolescence in Latin is growth towards more mature (Hamuni et al., 2022). An adolescent is someone who has an age range of 10-19 years". Adolescence is the period during which secondary sexual development and the achievement of sexual maturity begin (Milasari & Azhari, 2021). Adolescents also experience physical, cognitive, psychological and social maturity. This is because they experience emotional turmoil and mental stress so that they easily deviate from the rules and social norms that apply in society (Almiza, 2024).

In everyday life, social skills are needed to interact with others (Amin, 2022). These skills involve communication expertise, such as interpreting clues, recognizing certain behaviors that influence others, and understanding the actions of others. Social skills are acquired through learning and used to relate to the environment (Aulia & Pebriani, 2023). These skills include the ability to cooperate, work together, help, and carry out various activities as social beings to meet the needs of society.

Teenagers today do not know how important it is to cultivate and improve these social skills (Anis et al., 2022). Due to the inability to demonstrate social behavior and the difficulty of knowing the appropriate social behavior for a particular situation. One example of teenagers not understanding the importance of social skills is what results in frequent fights between teenagers themselves (Ikhsan, 2021). Some of the reasons for fights between teenagers are the unstable thinking of teenagers, fighting over jobs because of the high number of school dropouts so that teenagers only become manual laborers in the gardens of local farmers.

This research aims to explore the urgency of social skills for adolescents in Ogogasang Village, as well as how religion and their living environment interact in

shaping their development. By understanding the local context and dynamics, it is hoped that this research can provide a deeper and more comprehensive insight into the importance of social skills and the role of religion in the lives of village adolescents. It is hoped that the results of this study can serve as a basis for the development of more effective programs and policies that support the balanced and holistic growth and development of adolescents.

Ogogasang Village, located in Dondo Sub-district, Tolitoli District, has unique social and cultural characteristics. Life in this village is closely tied to family values and gotong royong, which requires good social skills to function harmoniously within the community. In this village, adolescents often interact in a closer environment and get to know each other, which is different from urban environments that tend to be more individualistic. Therefore, the development of social skills among adolescents in this village is very important.

In addition, religion plays a significant role in the daily lives of the people of Ogogasang Village. Religion is not only a spiritual guide, but also shapes the social and ethical norms held by the community. Religious values taught from an early age can influence adolescents' behavior and social interactions, as well as provide them with a moral framework in dealing with various situations. In this context, understanding and practicing religious values can help adolescents develop better social skills, such as empathy, tolerance and a sense of responsibility towards others.

The village living environment also has a significant influence on the development of adolescents' social and religious skills. The more secluded and homogeneous living environment affects the way adolescents interact and build social relationships. Adolescents in Ogogasang Village are usually more involved in community and religious activities, which provide them with opportunities to develop social skills in real and meaningful contexts. Interactions with family, peers, and local community and religious leaders play an important role in shaping adolescents' mindsets and behaviors.

However, while the village environment provides many opportunities for the development of social and religious skills, there are also challenges faced by adolescents. Geographical isolation and limited access to information and modern

technology can limit adolescents' horizons and experiences. This can affect their ability to adapt to global changes and rapid technological developments. Therefore, it is important to understand how social skills and religious values can be integrated with adolescents' education and self-development, so that they can better face future challenges.

Based on this, the author is interested in examining more deeply the urgency of social skills for adolescents in relation to their social life environment, with a focus on adolescents in Ogogasang Village, Dondo District, Tolitoli Regency.

Previous research related to this study is the Urgency of the Educational environment as a mediation of student character building. Both studies focused on adolescent development, highlighting the importance of the environment in character and skill formation. The first study explored adolescents' social and religious skills and their relationship with the living environment in Ogogasang Village, while the second study examined the role of the educational environment in the formation of learners' character. While both use a qualitative approach and emphasize the influence of the environment, the first study covers the broader context of daily life, while the second study is more specific to the formal education environment (Didik, 2013).

Furthermore, previous research discusses the basic concepts of child and adolescent creativity development and its measurement in developmental psychology. Both studies address aspects of adolescent development by highlighting the importance of the environment, but with a different focus. The first study explored adolescents' social and religious skills and their relationship with the living environment in Ogogasang Village, while the second study discussed the basic concepts of child and adolescent creativity development and its measurement in developmental psychology. Although both use a scientific approach and emphasize psychological aspects, the first study is more descriptive of social skills in the context of daily life, while the second study emphasizes more on the method of measuring creativity (Latifah et al., 2023)

Furthermore, previous research discussed the influence of religious education, self-concept, personality, and social environment on adolescent

aggressive behavior in West Java Province. Both studies focused on adolescent development and highlighted the importance of the environment and religious aspects in shaping their behavior. The first study explored social and religious skills and their relationship with the living environment in Ogogasang Village, while the second study examined the influence of religious education, self-concept, personality, and social environment on adolescent aggressive behavior in West Java Province. Although both use a psychological approach, the first study emphasizes social skills in the context of daily life, while the second study is more comprehensive in examining the various factors that influence aggressive behavior (Misno & Malini Lubis, 2023).

Furthermore, previous research discussed community perceptions of the importance of education for adolescents in Liprak Kidul village, Banyuanyar sub-district, Probolinggo district. Both studies explored adolescent development with an emphasis on their environment and social context. The first study focused on social and religious skills and their relationship with the living environment in Ogogasang village, while the second study investigated community perceptions of the importance of education for adolescents in Liprak Kidul village. Although both used a qualitative approach and were conducted in villages, the topics and objectives of their research were different, highlighting different aspects of adolescent development and the importance of social interventions (Jamaluddin et al., 2022).

Both of these studies investigate adolescent development by considering environmental influences and religious aspects, albeit with a different focus. The first study emphasizes the relationship between social skills, religion, and the environment of adolescent life in Ogogasang Village, while the second study is more specific in exploring the role of religious psychology in the formation of adolescent religious spirit. Although both used a qualitative approach and were conducted in a village context, the objectives and aspects studied show different approaches in understanding the factors that influence adolescent development (Yuhani`ah, 2021).

This study aims to investigate the urgency of social skills and its relationship with religion in the context of the living environment of adolescents in Ogogasang Village, Dondo Sub-district, Tolitoli Regency.

METHOD

This research uses a qualitative description approach. This research is to explain practically about the urgency of social skills for adolescents and their relationship with the social life environment in Ogogasang Village, Dondo District, Tolitoli Regency. This research aims to deeply understand the phenomena that occur in the social context of adolescents in the village. The data collection techniques used include observation, interviews, documentation, data analysis, and data validity checking. Observation was used to directly observe the social interactions of adolescents in their environment, while interviews were used to obtain direct views and experiences from adolescents and other stakeholders. Documentation was also important to collect relevant secondary data, such as records of social and religious activities in the village. Data analysis was conducted to understand and interpret the findings obtained from observations and interviews, while data validity checks ensured the integrity and validity of the research results. With this approach, the research can provide a comprehensive picture of how adolescents' social skills are formed and interact with their social environment in Ogogasang Village.

RESULTS AND DISCUSSION

History of Ogogasang village, Dondo sub-district, Tolitoli district

In 1850, it is said that the first place was called "BALAKATI" with the aim of clearing plantation land. Before doing the work of clearing land Balakati dug the ground to make a well as a source of drinking water and other needs. Balakati dug the land near a clump of bamboo with small stems which in the Dondo language is called Gasang, after about a month Balakati carried out plantation clearing activities, about 7 families followed Balakati to open plantation land. They asked where to get drinking water? Balakati answered "OGO" "I-GASANG" while pointing towards the bamboo tree which means water under the bamboo tree. That's how the community named the area Ogo-I-Gasang, which later became more popular as Ogogasang.

Then this group of people formed Ogogasang Hamlet under the administration of Malombang Village with the head of the Hamlet or watchman named Kemo the first son of Lapung, which in 1967 Ogogasang Hamlet was expanded into a Village with the first Village Head named M. Alanggorodi and the clerk (Secretary) of the Village named Syamsuddin Buri. In pioneering the independence of the Indonesian republic, namely on July 18, 1945, three of the best sons of Ogogasang died who at that time were involved in a war against the Japanese army known as the Malomba incident respectively: Lanoli, Bebelan and Taniangka. Lanoli died on the spot and his body was later picked up by his family to be buried in Ogogasang, while Taniangka and Bebelan were captured alive and hanged in Tolitoli. This is a brief history of the founding of Ogogasang Village, hopefully it will benefit Ogogasang Village in particular and Tolitoli Regency in general.

Tabel 1. Names of Village Heads after the establishment of Ogogasang Village

No.	Periode	Name of Village Head	Description
1.	1967-1974	Ma Lagorodi	Live
2.	1974-1975	Taud Amba	Live
3.	1975-1984	Ma Lagorodi	Live
4.	1984-2002	Syamsuddin B	Live
5.	2002-2007	Burhan T. Lapung	Live
6.	2007-2013	Butje T. Lapung	Live
7.	2013- Now	Kadri S. Buri	Live

Source of ogogasang village data ogogasang village profile December 21, 2023

Demographics of Ogogasang village, Dondo sub-district, Tolitoli district

Ogogasang village is located 11 km to the east of the Dondo sub-district capital and is one of the 12 sub-districts of Dondo. It has an area of 2.2 km². It borders the Sulawesi Sea in the north, Ogowele and Anggasan villages in the south, Lais village in the west, and Malomba village in the east. The total population of the village is 666 people, divided into 303 men and 363 women, with 169 families. The distance from Ogogasang Village to the Sub-district Capital is 11 km, the distance to the Regency Capital is 103 km, and the distance to the Provincial Capital is 342 km.

The education level in Ogogasang Village is still in the low category, consisting of:

Tabel 2. State of Education in Ogogasang Village

No	Education Level	Total
1	Not graduated from elementary school	6
2	SD	215
3	SLTP	138
4	SLTA	57
5	Diploma/Sarjana	12
Total		428

Source of ogogasang village data ogogasang village profile December 21, 2023

Based on the information above, the level of education in Ogogasang Village is only dominated by elementary school, while the least is the Diploma / Bachelor education level.

Social and Economic Situation

The people of Ogogasang Village are mostly of Dondo ethnicity and the rest are of Bugis, Tialo, Buol, Mandar, Bone and Javanese ethnicity. The religion that is the majority in the Dondo community is Islam. Like other villages in Indonesia, Ogogasang Village has a rainy and dry climate. This has a major and direct influence on the cropping patterns in Ogogasang Village, especially the Dondo Sub-district area in general. The livelihoods of the people in Dondo Village vary, consisting of:

Tabel 3.Livelihood Situation in Ogogasang Village

No	Livelihood	Total
1	Farm laborer	63
2	Farmers	50
3	Fisherman	50
4	Merchant	5
5	Carpentry/furniture	2
6	Civil Servants	3
7	Village Tools	9
8	Not Working	140
Total		322

Source of ogogasang village data ogogasang village profile December 21, 2023

Based on the information above, the level of livelihood in Ogogasang Village is dominated only by unemployment, while the least is carpentry.

The Urgency of Social Skills for Adolescents in Relation to the Social Life Environment of Adolescents in Ogogasang Village, Dondo Sub-District, Tolitoli District

Good social skills must be possessed by adolescents because adolescence is a transitional period or puberty, which is a time when individuals try to find their own identity. As Hurlock says that adolescence is an age when individuals become integrated in adult society, an age when children do not feel that they are below the level of their elders but feel the same, or at least parallel more or less than the age of puberty.

As humans, adolescents have various needs that demand to be met, which is the source of various problems that occur in adolescents. Adolescent problems have become a social reality in society. Social problems are problems that often arise for adolescents. Therefore, how important social skills must be possessed by today's teenagers. The goal is to make a good person when in the environment of life both in the family, community and peer environment.

The social environment is not only a place to play with peers for fun. However, the social environment is also a place to develop physically, emotionally, culturally, morally, and socially. Interactions that occur in society must have a good relationship between one another, so teenagers are required to have good social skills. Based on the results of interviews conducted by researchers with Akmal regarding the importance of social skills must be owned by teenagers. He said that:

“So that the teenagers in ogogasang Village can maintain friendship among teenagers, help each other if someone is in trouble not only among peers but also with other communities, able to build good interactions between teenagers with each other. Interaction that is established not only between teenagers but also with other people who are older or younger. The purpose of all this is to reduce the difference in understanding between teenagers that often occurs.” (Akmal, 2023).

Another opinion from brother Riswandi said:

“The importance of social skills for teenagers in Ogogasang Village is to maintain communication between teenagers so as to reduce conflicts that often occur among teenagers such as fights over trivial matters. Because in socializing there are

often misunderstandings between teenagers, it is all due to a lack of ability to socialize” (Riswandi, 2023).

From the explanation above, it can be seen that the social skills possessed by teenagers in Ogasang Village are still very low. A clear example from interviews conducted by researchers is the rampant fights between teenagers caused by trivial problems. Adolescence also cannot be separated from various problems. This is because it is a time when there are various emotional upheavals accompanied by varied physical and psychological growth. Therefore, social skills are needed in interacting in all aspects of life.

Skills are also said to be skills, so if a teenager has social skills, it means that the teenager has the ability to socialize. This is very important, teenagers who have skills will be useful in their teenage years because at this time they have a lot of experience. From his skills can be a provision for the teenager until he is old. The point is that if a teenager has social skills, he will find it easy to socialize wherever he is, and whenever. Even though he is different in age from his social members because socializing is not seen from age.

Social skills are essential for developing a healthy attitude about oneself as a growing being, learning to fit in with peers, beginning to develop appropriate social roles, developing attitudes toward social groups and institutions, and developing skills necessary for everyday life.

Social skills are also needed to make it easier when adolescents interact or communicate with others, build relationships and relationships and cooperation and be able to control relationships well. As Nandang said, social skills that are considered important for children are communication skills, self-adjustment skills, and skills to establish good relationships with their environment.

Based on research on the social skills of teenagers in Ogasang Village, many teenagers have not been able to develop them, due to several difficulties faced by teenagers in conducting good social interactions in their social environment.

According to Mr. Acos, some of the obstacles faced by teenagers are:

“Many teenagers are shy and lack confidence in associating with their peers, making it difficult to establish good friendships between individuals. Lack of support

from the family or perhaps the teen is in an environment where it is inherently difficult to open up a conversation.” (Acos, 2023).

Lack of social skills leads to behavioral difficulties in the social environment, such as delinquency, peer rejection, difficulty in emotional control, bullying, difficulty in making friends, aggressiveness, and problems in interpersonal relationships. Therefore, social skills are a primary need that children need to have for independence in later life. This is beneficial in everyday life both in the family environment and the surrounding environment.

Another opinion from brother Moh. Ali, he explained:

“The difficulties faced by adolescents in developing their social skills are different treatment when they are in the family environment and in the community and the pressure they get in their play environment due to lack of socialization and shyness so that adolescents have a very low self-confidence.” (Moh. Ali, 2023).

Mr. M. Faldi has another opinion on why teenagers find it difficult to develop social skills in their living environment, he said that:

“Adolescents are individuals who are difficult to interact with, have excessive feelings of shyness so that adolescents have a lack of confidence and make it difficult to express their opinions, ideas and ideas so that they tend to lack creativity. Another difficulty is the lack of support from the family or maybe the teenager is in an environment that is basically difficult to open a conversation.” (M. Fadli, 2023).

Other difficulties experienced by teenagers in developing social skills within themselves. According to brother Rifki, he explained:

“Difficulties faced by teenagers include difficulty in mingling with peers due to a lack of communication skills as many dropouts are not proficient in using Indonesian. This is because at home they use local languages, for example Bugis. So that when they meet other people of different ethnicities they will be constrained by language.” (Rifki, 2023).

The difficulties faced by adolescents in developing social skills are understandable because adolescents are individuals who still need direction and guidance to control the ego within themselves. For this reason, good social skills are

needed so that adolescents are able to socialize well with the people around them, be it family, society and peers. Good social skills are the achievement of maturity in social relationships, it can also be interpreted as a learning process to adjust to group norms, morals and traditions, melting into a unity that communicates with each other and is able to work together.

Social skills are the ability to overcome problems that may arise with the ability to control themselves and the ability to communicate with others, in constructive ways. This will also affect the individual's ability to establish good relationships with the environment, and make individuals more free from negative feelings and have positive feelings. Individuals who are able to experience self-growth, have positive relationships, are able to make meaning of life, have environmental mastery, self-acceptance and independence are individuals who have high psychological well-being.

Mr. Syalfin said that:

“The importance of social skills is owned by teenagers because teenagers are the successors of the nation, whether a nation is progressing or not can be seen from its successors. If teenagers do not have social skills, it will certainly be difficult to adjust and adapt to the social environment around them. Because with good social skills, it will make it easier for teenagers to make communication relationships so that good relationships are established with the living environment around us.” (Syalfin, 2023).

Social skills are the ability to create harmonious and satisfying social relationships, adjust to the social environment and solve social problems faced and be able to develop aspirations and present themselves in a way that is respectful, independent, knows life goals, disciplined and able to make decisions.

Adolescents who have good social skills will be able to socialize easily in their living environment. Although it does not rule out the possibility that things will still happen that are not expected. Social skills are social behaviors that need to be learned because they allow individuals to interact to obtain positive responses and avoid negative responses.

Forms of Social Skills Possessed by Adolescents in Ogogasang Village, Dondo Sub-District, Tolitoli District

Social skills are skills that individuals acquire through the learning process used in dealing with their environment. Social skills are a type of skill that includes skills of cooperation, mutual cooperation, helping, and carrying out activities as social beings to meet the demands of society's needs. Teenagers need to participate in the reality of life not only as spectators, but directly as actors. During the participation process, adolescents need to be nurtured, bridged and guided so that there is not too wide a gap between the new and old generations. Social skills that exist in adolescents must continue to be developed so that adolescents become good personalities. The social skills possessed by adolescents in Ogogasang Village, Dondo District, Tolitoli are in accordance with the results of interviews conducted by researchers, namely:

According to brother Akmal, he explained:

“Social skills are very important and need to be possessed by teenagers. These social skills include the ability to communicate with people around them. Both family, peers, and society outside. Not to forget the attitudes and behaviors that need to be adjusted to who we are talking to.” (Akmal, 2023).

Social skills are an important part of human life skills. Without having social skills, humans cannot interact with other people in their environment..

Another opinion from brother Rifaldo, namely:

“In my opinion, the social skills that need to exist in adolescents are skills in terms of leadership, namely being able to lead themselves. As well as skills in controlling emotions, because as I know that in Ogogasang Village many teenagers are still very unstable and tend to change.” (Rifaldo, 2023).

Social skills are the ability to establish communication between one individual and another such as task-centered behavior, which is the ability to take responsibility for cooperating with the group so that it becomes creative at work and gets quality in results.

Mr. Riswandi said:

“The social skills possessed by teenagers in Ogogasang Village are the ability of teenagers to socialize. They are able to distinguish who they are talking to. When talking to peers they will differentiate when talking to older people. If they talk to older people, they will be more polite, although there are some children who still do not apply good manners.” (Risandi, 2023).

In this case, skills are displayed as a means to interact with others in the form of speaking politely, listening, cooperating, and so on. There are several ways that an individual can perform social tasks effectively as social competence.

Based on the results of the interview according to brother Syalfin, he explained one way to develop the social skills of teenagers, namely:

“Teenagers in Ogogasang Village should often mingle and associate with other people or join existing youth organizations. So that they can hone and develop the skills that exist in themselves continuously. Establish good relationships with people in the surrounding environment by respecting each other so that problems that occur between teenagers do not lead to fights.” (Syalfin, 2023).

Another opinion from brother Akmal, namely:

“What teenagers need to do in developing this is to try to do new things such as taking part in various activities organized in the village. The village government can also provide a forum for teenagers so that they can express their ideas and ideas.” (Akmal, 2023).

Mr. Acos said:

“Some of the ways that teenagers can develop their social skills is by starting from small things. Applying good manners in their environment. Helping each other with positive things and being able to apply or encourage fellow peers to be more capable and brave in interacting.” (Acos, 2023).

Social skills need to be developed for the benefit of individual adolescents themselves, which aims to facilitate adolescents in interacting and socializing with their environment so that these adolescents can be well accepted. Things that need to be developed in social skills are empathy, caring, generosity, and cooperation so as to make adolescents as individuals who are able to interact well among families and surrounding communities.

Developing social skills is not only the task of individual teenagers themselves, but it is also an obligation for people around to encourage teenagers to develop their social skills. Based on the results of an interview with Mr. Aan Andika Putra as Ogogasang Village Secretary. Aan Andika Putra as the Secretary of Ogogasang Village explained:

“What can be done by the community to help adolescents develop social skills is to provide space for adolescents to participate in community social activities. Such as doing community service which aims to make teenagers have the ability to socialize with other communities. Raising funds for victims of natural disasters, participating in youth activities organized by the village, all of which aim to shape the social spirit of adolescents and hone their social skills.” (Aan Andika, 2023).

Good social skills are the achievement of maturity in social relationships, it can also be interpreted as a learning process to adjust to group norms, morals and traditions, melting into one unit and communicating with each other and being able to work together so that they can accept and be accepted by the environment itself by providing benefits.

The benefits of good social skills as stated by Johnson are personality and identity development. The first outcome is the development of personality and identity because most of people's identities are formed from their relationships with others. As a result of interacting with others, individuals have a better understanding of themselves. Individuals who are low in interpersonal skills may alter relationships with others and tend to develop inaccurate and inappropriate views of themselves.

Social skills also tend to develop employability, productivity and career success, which are common skills needed in the real world of work. The most important skills, as they can be used for higher pay, getting others to cooperate, leading others, coping with complex situations, and helping others with work-related problems Improving quality of life is another positive outcome of social skills as every individual needs good, close and intimate relationships with other individuals. Good and supportive relationships affect physical health. Research shows that high-quality relationships are associated with a longer life and a faster recovery from illness.

Research shows that strong psychological health is influenced by positive relationships and support from others. The inability to develop and maintain positive relationships with others can lead to anxiety, depression, frustration, and loneliness. It has been shown that the ability to build positive relationships with others can reduce psychological distress, which creates freedom, self-identity, and self-esteem. Another important outcome of having social skills is the ability to cope with stress. Supportive relationships have been shown to reduce stress and reduce anxiety. Good relationships can help individuals cope with stress by providing attention, information, and feedback.

CONCLUSION

Based on the results of research on the data that has been collected in Ogoasang Village, Dondo Subdistrict, Tolitoli Regency regarding the urgency of social skills for adolescents in this environment, it can be concluded that social skills are very important in building a healthy attitude towards oneself as a growing individual. These skills assist adolescents in adjusting to peers, developing appropriate social roles, and forming attitudes towards social groups and institutions. In addition, social skills facilitate adolescents in interacting and communicating with others, building relationships and rapport, and managing associations well, thus reducing the potential for misunderstandings between them. Adolescents in Ogoasang Village demonstrate good socialization skills, where they can differentiate between interlocutors and apply good manners towards their elders. In addition, they also show an attitude of helping each other, especially when there are friends in difficulty, such as in situations of natural disasters, where they actively collect assistance from the surrounding community.

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